

We sincerely invite colleagues from around
the world to join us for this grand event.
This October, let us meet in Manchester.

2025 年ATCM年会 暨英美中医专家论坛

The 2025 Annual Conference of the
Association of Traditional Chinese
Medicine and Acupuncture UK (ATCM)
& UK-US Forum of TCM Experts

2025年10月18日至19日

10月18日 (AGM+晚宴) 13:00-22:00

10月19日 (英美专家论坛) 9:00-18:00

英国曼彻斯特城市大学会议中心

Manchester Metropolitan University Conference Centre

会议注册 - 会员£60/非会员£120

欢迎晚宴 - 会员£40/非会员 £50

Conference Registration: £60 (Members) / £120 (Non-members)

Welcome Banquet: £40 (Members) / £50 (Non-members)

Email报名联系: info@atcm.co.uk

**诚邀海内外同仁共襄盛举
金秋十月，相约曼城**

联合主办

英国中医药学会 (ATCM)

美国中医药针灸学会 (ATCMS)

Jointly Organized by:

Association of Traditional Chinese Medicine and Acupuncture UK (ATCM) & American TCM Society (ATCMS)



2025 ATCM 年会暨 英美中医专家论坛

Day 1 – 18 October 2025

金煌大酒楼

Glamorous Chinese Restaurant

1st & 2nd Floor, Wing Yip Business Centre, Cassidy Cl,
Ancoats, Manchester M4 5HU

13:00 – 14:00 注册 Registration

14:00 – 17:00 年会 AGM

17:00 – 18:00 时珍鸡尾酒会 Shizhen

Cocktail Reception

18:00 – 21:00 晚宴及联欢会 Gala Dinner

& Social Evening





2025 ATCM 年会暨 英美中医专家论坛

Day 2 – 19 October 2025

Manchester Metropolitan University (MMU)

Sub-venue: Room 1

09:00 – 09:30

经脉理论发展的两个阶段及科学内涵

Two Evolving Stages of Meridian Theory and Its Scientific Implications

Speaker: 李永明 Yongming Li

09:30 – 10:00

针灸研究新进展与亮点

Acupuncture Research Highlight

Speaker: 迈克·卡明斯 Mike Cummings

10:00 – 10:30

基于中英教育特点的比较，探讨中医国际传播人才培养的战略与挑战

Strategies and Challenges in Training TCM Professionals for International Communication: A Comparative Perspective of Chinese and UK Education.

Speaker: 邢玫 Mei Xing

10:30 – 11:00 茶歇 Tea Break

11:00 – 11:30

现代舌诊学派凭舌用药法则浅谈

An Introduction to Tongue-based Herbal Prescriptions in Modern Tongue Diagnostics

Speaker: 殷鸿春 Hongchun Yin

11:30 – 12:00

基于临床实例分析的银屑病治疗方法探讨

Clinical Approaches to Psoriasis: Case-based Analysis

Speaker: 祝柏芳 Baifang Zhu

12:00 – 13:00 午餐 Lunch

13:00 – 13:20

外感病从伤寒温病论治的机制探讨

Pathomechanism of Exogenous Diseases: Insights from Shanghan and Wenbing

Speaker: 房才龙 Cailong Fang

13:20 – 13:50

子宫内膜异位症及其相关生育疾病的综合治疗

Comprehensive Treatment of Endometriosis and Related Reproductive Disorders

Speaker: 赵丽琴 Liqin Zhao

13:50 – 14:10

参芍地榆汤（自拟方）治疗溃疡性结肠炎的临床观察

Clinical Observation of Ulcerative Colitis Treated with Shen-Shao-Di-Yu Decoction

Speaker: 张超 Chao Zhang

14:10 – 14:30 茶歇 Tea Break



14:30 – 14:50

三才针法与经络辨证在临床上的应用

*Application of Sancai Acupuncture and Meridian
Differentiation in Clinical Practice*

Speaker: 高艳 Yan Gao

14:50 – 15:10

骨质疏松症的中西医结合防治方法探讨

*Integrative Approaches to the Prevention and Treatment of
Osteoporosis*

Speaker: 周玮蔚 Weiwei Zhou

15:10 – 15:30

通利三焦，洁髓泻浊：基于脑膜淋巴引流理论的中医外
治法防治神经退行性疾病新策略

*Unblocking the Triple Burner and Clearing Turbid Essence:
A New TCM External Therapy Strategy for
Neurodegenerative Diseases Based on the Theory of
Meningeal Lymphatic Drainage*

Speaker: 黄穗云 Suiyun Huang

15:30 – 16:30

海外中医的发展与交流合作

Development and Collaboration of TCM Overseas

Roundtable Forum with UK-US Experts

16:30 – 17:00

闭幕式 Closing Ceremony

17:00 会议结束 End of Conference





2025 ATCM 年会暨 英美中医专家论坛

Day 2 – 19 October 2025

**Venue: Manchester Metropolitan University
(MMU)**

Sub-venue: Room 2

13:00 – 14:00

从针灸使用现状的初步调查结果谈糖针的使用情况

*Discussion on Sugar Acupuncture Based on Preliminary
Survey of Current Acupuncture Use*

Speaker: 王少白 Shaobai Wang

14:00 – 15:00

同步应用正骨和浮针治疗严重的腰肩疼痛的即时疗效观察

*Immediate Clinical Effects of Combining Osteopathy and
Floating Needle Therapy in the Treatment of Severe Lumbar
and Shoulder Pain*

Speaker: 张亚雄 Yaxiong Zhang

15:00 – 15:30 茶歇 Tea Break

15:30 – 16:30

耳鸣的针灸治疗及预后

Acupuncture Treatment and Prognosis for Tinnitus

Speaker: 赖江红 Jianghong Lai



2025 ATCM 年会暨 英美中医专家论坛

Day 2 – 19 October 2025

**Venue: Manchester Metropolitan University
(MMU)**

Sub-venue: Room 3

13:00 – 14:00

常见肩关节病变的徒手治疗演示

Manual Therapy Demonstration for Common Shoulder Disorders

Speaker: 金天逸 Tianyi Jin

14:00 – 15:00

讨论和介绍于氏头针——七区划分法

*Discussion and Introduction to Yu's Scalp Acupuncture:
Seven-Zone Division Method*

Speaker: 聂卉 Hui Nie

15:00 – 15:30 茶歇 Tea Break

15:30 – 16:30

肩关节疼痛（肩周炎）的诊断和手法治疗

Diagnosis and Manual Therapy of Shoulder Pain (Frozen Shoulder)

Speaker: 于学俊 Xuejun Yu



2025 ATCM 年会暨英美中医专家论坛

The 2025 ATCM AGM & UK-US Experts Forum



李永明 Yongming Li

李永明，医学博士，美国免疫学博士、执照医师、皮肤病理专科医师及针灸师。著有《美国针灸热传奇》，提出泛穴现象、软针灸与硬针灸及气球理论，倡导以循证医学重新认识针灸。率先发表“人体皮肤肥大细胞分布图谱”，揭示其与穴位密度及微针系统的密切联系。曾获2011年美国NIH

Merit奖、2017年世界针联首届天圣铜人奖、2019年世界中联国际贡献奖科技进步二等奖。本次大会演讲题目为《**经脉理论发展的两个阶段及科学内涵**》。

Yongming Li, MD, PhD, is an immunologist, licensed physician, board-certified dermatopathologist, and acupuncturist in the United States. Author of *Acupuncture Journey to America*, he proposed concepts such as the pan-acupoint phenomenon, soft and hard acupuncture, and the Balloon Theory, advocating for evidence-based approaches to acupuncture. He first published the “Human Map of Cutaneous Mast Cell Distribution,” revealing its correlation with acupoint density and micro-acupuncture systems. His honors include the NIH Merit Award (2011), the First Tiansheng Bronze Statue Award from WFAS (2017), and the International Contribution Award for Science and Technology Progress from WFCMS (2019). His lecture topic at this conference is ***Two Evolving Stages of Meridian Theory and Its Scientific Implications***.





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王少白 Shaobai Wang

王少白，医学硕士，美国执照针灸师，河南中医药大学兼职教授。1983年毕业于河南中医学院，1988年获广州中医学院硕士学位，师从司徒铃教授与靳瑞教授，1991年成为首批靳三针破格弟子。曾在哥伦比亚大学从事博士后及科研工作，1994年通过美国针灸执照考试。1998年起于纽约独立开业，并长期推动中美中医针灸学术交流。

发表论文与专著章节近40篇，常受邀在哈佛、哥大等高校演讲。2015年提出“舒适化针灸—糖针”理念。现任美国中医药针灸学会会长，兼世界针联科技工作委员会副主任委员。本次大会演讲题目为《从华人针灸师使用针灸现状的初步调查结果谈糖针》。

Shaobai Wang, MS, LAc, is a licensed acupuncturist in the United States and Adjunct Professor at Henan University of Chinese Medicine. He graduated from Henan University of Chinese Medicine in 1983 and earned his Master's degree in Acupuncture from Guangzhou University of Chinese Medicine in 1988 under Professors Situ Ling and Jin Rui. In 1991, he became one of the first officially recognized disciples of Jin's Three-Needle Technique. He later conducted postdoctoral research at Columbia University, and in 1994 obtained U.S. acupuncture licensure. Since 1998, he has practiced independently in New York and promoted academic exchange in TCM. He has published nearly 40 academic works and lectured at institutions including Harvard and Columbia. In 2015, he introduced "Comfort-Oriented Acupuncture – Sugar Needling." He is currently President of the American TCM Society (ATCMS) and Deputy Director of the Scientific and Technological Committee of WFAS. His lecture topic at this conference is ***Discussion on Sugar Acupuncture Based on the Preliminary Survey Results of the Current Situation of Acupuncture Use by Chinese Acupuncturists.***



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赖江红 Jianghong Lai

赖江红，美国纽约执照针灸师及中药师，现任美国中医药针灸学会（ATCMS）副会长。1986年至1991年就读于湖北中医学院针灸骨伤系，2017年至2023年获福建中医药大学中西医结合康复学博士。曾任深圳香蜜湖友谊医院针灸科医师、纽约长岛 Merrick 康复中心针灸师，2003年起于纽约长岛创办 Lai Acupuncture 诊所。

长期担任纽约Belmont赛马场特聘针灸师及乳腺癌康复组织“Rocking the Road for a Cure”指定针灸师。本次大会演讲题目为《耳鸣的针灸治疗及预后》。

Jianghong Lai is a licensed acupuncturist and herbalist in New York, currently serving as Vice President of the American Traditional Chinese Medicine Society (ATCMS). She studied acupuncture and orthopedics at Hubei University of Chinese Medicine (1986–1991) and earned her PhD in integrative rehabilitation medicine from Fujian University of Traditional Chinese Medicine (2017–2023). She previously practiced at Xiangmihu Friendship Hospital in Shenzhen and Merrick Rehabilitation Center in New York. Since 2003, she has run Lai Acupuncture in Long Island, and has served as an independent acupuncturist at the NY Belmont Race Track and for the breast cancer organization “Rocking the Road for a Cure.” Her lecture topic at this conference is ***Acupuncture Treatment and Prognosis for Tinnitus.***





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周玮蔚 Jane Weiwei Zhou

周玮蔚，中医师，英国诊所主任。拥有西医内分泌专科与中医结合背景，从事临床工作二十余年，专长于内分泌失调及不孕症的诊治。作为诊所主任，她注重中西医结合，致力于为患者提供整体化的诊疗方案，积累了丰富的临床经验。本次大会演讲题目为《骨质疏松症的中西医结合防治方法探讨》。

Jane Weiwei Zhou, BSc MB, is a Traditional Chinese Medicine practitioner and Clinical Director in the UK. With a unique background in both Western endocrinology and TCM, she has over 20 years of clinical experience specializing in the diagnosis and treatment of endocrine disorders and infertility. As a clinic director, she is dedicated to integrative healthcare, providing patients with comprehensive treatment that bridges Eastern and Western medicine. Her lecture topic at this conference is ***Exploring Integrated Approaches of TCM and Western Medicine in the Prevention and Treatment of Osteoporosis.***





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邢玫 Mei Xing

邢玫，医学硕士，英国中医药学会会长，世界针灸学会联合会副主席，世界中医药学会教育指导委员会常务理事。1985年毕业后留校任教，获成都中医药大学中西医结合硕士学位，曾任贵州中医药大学副教授、第一附属医院内分泌科副主任医师。2000年赴英，任曼彻斯特索尔福德大学中医学高级讲师及教研室主任，2012年兼任

曼城城市大学高级讲师，2016年创立英国Acuhealth Centre与曼城中医学学院。拥有四十年临床、教学与科研经验，在国际学术期刊发表多篇论文，长期致力于中医教育与国际传播。本次大会演讲题目为《基于中英教育特点的比较，探讨中医国际传播人才培养的战略与挑战》。

Mei Xing, MS, is President of the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM), Vice President of the World Federation of Acupuncture-Moxibustion Societies (WFAS), and Executive Member of the Education Steering Committee of the World Federation of Chinese Medicine Societies (WFCMS). She received her Master's degree in integrative medicine from Chengdu University of TCM and previously served as Associate Professor at Guizhou University of TCM and Associate Chief Physician in endocrinology at its First Affiliated Hospital. Since moving to the UK in 2000, she has been Senior Lecturer and Head of Chinese Medicine at the University of Salford, later Senior Lecturer at Manchester Metropolitan University, and founder of Acuhealth Centre and Manchester Chinese Medicine Academy. With forty years of clinical, teaching, and research experience, she has published in international journals and is dedicated to advancing TCM education globally. Her lecture topic at this conference is ***Strategies and Challenges in Training TCM Professionals for International Communication: A Comparative Perspective of Chinese and UK Education.***



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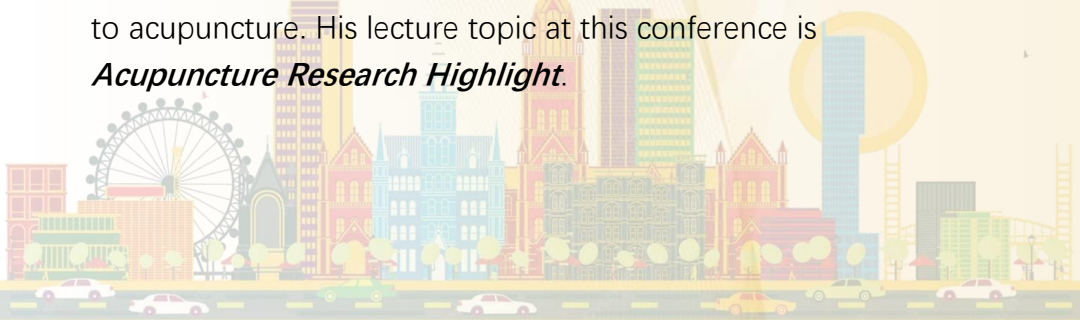


迈克·卡明斯 Mike Cummings

Mike Cummings 医师，自2001年起担任英国医学针灸学会（BMAS）医学总监，主持伦敦教学诊所并开发西医针灸课程，同时代表BMAS在学术与政策层面发声。他兼任伦敦大学学院医院综合医学中心（Royal London Hospital for Integrated Medicine）临床专家，支持针灸医疗服务，并担任《Acupuncture in Medicine》副主编。

其主要临床与学术兴趣为肌肉骨骼疼痛及肌筋膜针刺疗法，在该领域发表多篇论文，并为《Annals of Internal Medicine》等重要期刊审稿，亦曾为NICE提供咨询。他毕业于利兹大学医学院，曾任英国皇家空军军医，长期致力于针灸事业。本次大会演讲题目为《**针灸研究新进展与亮点**》。

Mike Cummings, MD, has been Medical Director of the British Medical Acupuncture Society (BMAS) since 2001, where he runs the London Teaching Clinic, develops training courses in Western medical acupuncture, and represents BMAS both academically and politically. He is Honorary Clinical Specialist at the Royal London Hospital for Integrated Medicine (UCLH), supporting acupuncture services, and serves as Associate Editor of *Acupuncture in Medicine*. His main clinical and academic interests are musculoskeletal pain and needling therapies for myofascial pain, with multiple publications in these fields. He is a reviewer for leading journals including the *Annals of Internal Medicine* and has also advised NICE. After graduating from Leeds Medical School, he served as a medical officer in the Royal Air Force, focusing on musculoskeletal medicine, before devoting his career to acupuncture. His lecture topic at this conference is ***Acupuncture Research Highlight***.





殷鸿春 Hongchun Yin

殷鸿春，医学学士，国际现代舌诊学会会长，世界中医药学会联合会常务理事，北京中医药大学中医临床特聘专家，英国中医师学会顾问及学术委员会副主席，伦敦国王学院整合中医药中心专家顾问。1988年毕业于山东中医学院中医系，2001年赴英前任职于青岛市中医医院，2006年在伦敦创办诊所并任主诊医师。创立现代舌诊

学派，培养弟子逾千人，著有《Modern Tongue Diagnostics in Chinese Medicine》《殷氏现代舌诊原理与图谱》《殷氏辨舌用药心法》等专著。本次大会演讲题目为《现代舌诊学派凭舌用药法则浅谈》。

Hongchun Yin, BMed, is President of the International Association of Modern Tongue Diagnostics (MTD), Executive Board Member of the World Federation of Chinese Medicine Societies (WFCMS), Visiting Expert at Beijing University of Chinese Medicine, Vice Chair of the Academic Committee of the FTCMP, and Adviser to the Chinese Medicine Centre at King's College London. He graduated from Shandong University of TCM in 1988, worked at Qingdao Hospital of TCM before moving to the UK in 2001, and established his own clinic in London in 2006. He created the Modern Tongue Diagnostics (MTD) system and has trained over a thousand students worldwide. His publications include Modern Tongue Diagnostics in Chinese Medicine, Principles and Atlas of Yin's MTD, and Yin's Tongue Diagnostics-based Herbal Methodology. His lecture topic at this conference is ***An Introduction to Tongue-based Herbal Prescriptions in Modern Tongue Diagnostics.***





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祝柏芳 Baifang Zhu



祝柏芳教授，英国 Herbs Plus 诊所与 TCM Skin Clinic 主任，现任英国中医药学会（ATCM）理事兼秘书长，英国针灸学会（BAcC）会员。兼任中华中医药学会皮肤科分会荣誉副主任委员、世界中联主任医师及常委、世界中联皮肤病专业委员会理事。毕业于湖南中医药大学，获学士与硕士学位，曾任湖南中医药大学附属二院皮肤科副

主任。专长中医皮肤科、中医外科及中西医结合溃疡病研究，临床擅治白癜风、银屑病、湿疹、溃疡、皮肤肿瘤及血管性疾病。主持及参与多项科研成果并获国家及省部级奖励，著有多部中医皮肤科专著。本次大会演讲题目为《基于临床实例分析的银屑病治疗方法探讨》。

Professor Baifang Zhu is Director of Herbs Plus and TCM Skin Clinic in the UK. He currently serves as Council Member and Secretary-General of the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM), and is a member of the British Acupuncture Council (BAcC). He is also Honorary Deputy Director of the Dermatology Branch of the Chinese Association of TCM, Chief Physician and Standing Council Member of the World Federation of Chinese Medicine Societies (WFCMS), and a Board Member of its Dermatology Specialty Committee. A graduate of Hunan University of TCM with both bachelor's and master's degrees, he formerly served as Associate Chief Physician of Dermatology at the Second Affiliated Hospital of Hunan University of TCM. His expertise includes TCM dermatology, TCM surgery, and integrative research on ulcer diseases. Clinically, he specializes in treating vitiligo, psoriasis, eczema, ulcers, skin tumors, and vascular disorders. He has led and participated in numerous research projects, winning national and provincial awards, and has authored several books on TCM dermatology. His lecture topic at this conference is ***Clinical Approaches to Psoriasis Treatment: Insights from Case Studies.***



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张超 Chao Zhang

张超，医学硕士，现任英国中医药学会（ATCM）学术理事、欧洲天津中医药大学校友会会长、世界中医药学会联合会脑病专业委员会副会长。1987年至1990年就读于天津中医药大学研究生院，获心血管专业硕士学位。曾在天津中医药大学第一附属医院呼吸内科及外宾病房工作，历任住院医师、主治医师、副主任医师、主任医

师，并兼任内科学讲师，曾获天津市科委21世纪青年科研基金。2000年至2002年任肝胆内科主任医师、硕士生导师及科主任。自2002年起旅居英国，从事中医与针灸临床三十余年。本次大会演讲题目为《参芍地榆汤（自拟方）治疗溃疡性结肠炎的临床观察》。Chao Zhang, MSc, is Academic Executive of the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM), President of the European Alumni Association of Tianjin University of TCM, and Vice President of the Encephalopathy Specialty Committee of the World Federation of Chinese Medicine Societies (WFCMS). He received his Master's degree in Cardiovascular Medicine from the Graduate School of Tianjin University of TCM (1987–1990). He worked at the First Teaching Hospital of Tianjin University of TCM in the Departments of Respiratory Medicine and International Patients' Ward, serving successively as Resident, Attending, Associate Chief, and Chief Physician, as well as Lecturer in Internal Medicine. He was a recipient of the 21st Century Youth Research Fund from Tianjin Science and Technology Commission. From 2000 to 2002, he was Chief Physician and Department Director in Hepatobiliary Medicine, as well as a Master's Supervisor. Since 2002, he has lived in the UK, with over 30 years of clinical practice in Chinese medicine and acupuncture. His lecture topic at this conference is ***Clinical Observation on Ulcerative Colitis Treated with "Shenshao Diyu Decoction" (Self-Designed Formula).***



赵丽琴 Liqin Zhao

赵丽琴，主任中医师，英国仲景医圣堂自然生殖健康中心(Natural Fertility Care, Zhong Jing TCM UK)创始人兼主任，欧洲中医妇科学术论坛创始人/主席，英国伦敦国王学院整合中医药中心荣誉顾问。曾任英国中医药学会(ATCM)会长及《英国中医针灸杂志》主编，并为英国针灸协会(BAcC) 资深会员。现任世中联妇科专业委员会副

会长及仲景传承与创新专业委员会副会长等，兼多项国际学术职务。发表学术论文50余篇。1985年毕业于河南中医药大学，2016年受聘为该校兼职教授。自1995年起在英国专注于妇科及不孕不育治疗，成功帮助数以百计的夫妇孕育新生，被誉为“英国的送子观音”。本次大会演讲题目为《子宫内膜异位症及其相关生育疾病的综合治疗》。

Liqin Zhao, Chief TCM Physician, is Founder and Director of Natural Fertility Care (Zhong Jing TCM UK), Honorary Advisor of the King's Centre for Integrative Chinese Medicine, King's College London and Initiator/Chairman of the European Forum on TCM Gynecology. She is the former President of the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM), and former Editor-in-Chief of "the Journal of Chinese Medicine and Acupuncture UK". She is also a senior member of the British Acupuncture Council (BACc). Internationally, she serves as Vice President of the WFCMS Gynecology Committee and the Zhongjing Academic Inheritance and Innovation Committee, while holding multiple other academic positions. She has published over 50 academic papers on professional journals.

A graduate of Henan University of TCM(1985) and Visiting Professor since 2016, she has practiced in the UK since 1995, specializing in gynecology and infertility. Since founding her clinic in the UK, she has helped hundreds of couples conceive, earning the reputation of "A Miracle Baby Maker." Her lecture topic at this conference is

Comprehensive Treatment of Endometriosis and Related Reproductive Disorders.



张亚雄 Yaxiong Zhang

张亚雄，英国注册针灸师，欧洲浮针协会（FSNAE）理事成员，现于曼彻斯特开设私人诊所。毕业于英国朴茨茅斯大学针灸本科，并接受伦敦中医针灸学院（LCTA）系统培训。持有英国心理辅导证书和西医正骨培训证书，为英国针灸协会、英国西医针灸协会及英国中医学药会会员。先后师从符仲华、王文涛、徐磊、于墩才、肖德

华、张华及常琦瑛等名师，专研浮针、小针刀及正骨疗法。临床擅长治疗各类痛症及部分内科、妇科疾病，尤其注重浮针与正骨结合的即时疗效。本次大会演讲题目为《同步应用正骨和浮针治疗严重的腰肩疼痛的即时疗效观察》。

Yaxiong Zhang is a registered acupuncturist in the UK and a board member of the Floating Needle Association of Europe (FSNAE). He runs a private practice in Manchester and graduated with a degree in acupuncture from the University of Portsmouth, with further training at the London College of Traditional Acupuncture (LCTA). He also holds certificates in psychological counseling and Western osteopathy. He is a member of the British Acupuncture Council (BAcC), the British Medical Acupuncture Society (BMAS), and the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM). He studied under renowned masters including Zhonghua Fu, Wentao Wang, Lei Xu, Duncai Yu, Dehua Xiao, Hua Zhang, and Qiying Chang, specializing in floating needle therapy, acupotomy (small needle-knife therapy), and osteopathy. Clinically, he focuses on pain management as well as internal and gynecological conditions, with particular emphasis on the immediate effects of combining floating needle therapy with osteopathy. His lecture topic at this conference is ***Immediate Clinical Effects of Combining Osteopathy and Floating Needle Therapy in the Treatment of Severe Lumbar and Shoulder Pain.***



金天逸 Tianyi Jin

金天逸，骨科整骨医生、医学针灸师，现执业于英国中部，专长于疼痛管理、肌肉骨骼疾病及应激相关疾病。毕业于斯旺西大学，获骨科硕士及一等荣誉学士学位，并同时拥有伦敦大学学院与斯旺西大学双学士学位。临床中融合结构整骨与针灸，注重个体化与整体性调理。2024年在伦敦举办的世界针灸大会上，凭借论文《整骨与针

灸结合治疗骶髂关节功能障碍性腰痛》获优秀论文奖，并在世界针联主办的英国国际针灸学术研讨会上获颁表彰。他致力于循证与以患者为中心的临床实践，推动针灸与整骨结合的研究与应用。本次大会演讲题目为《常见肩关节病变的徒手治疗演示》。

Tianyi Jin is an osteopath and medical acupuncturist practicing in central England, specializing in pain management, musculoskeletal disorders, and stress-related illnesses. He graduated with first-class honours in Osteopathy and a Master's degree from Swansea University, and also holds dual bachelor's degrees from UCL and Swansea. Combining structural osteopathy with advanced acupuncture, he provides holistic and personalized care. In 2024, his research paper Osteopathic and Acupuncture Management of Sacroiliac Joint Dysfunction in Low Back Pain received the Outstanding Paper Award at the World Acupuncture Congress in London, presented during the International Symposium on Acupuncture-Moxibustion (UK) by WFAS. Committed to evidence-based, patient-centered practice, he actively promotes the integration of osteopathy and acupuncture through research and clinical application. His lecture topic at this conference is ***Manual Therapy Demonstration for Common Shoulder Joint Conditions***.



于学俊 Xuejun Yu

于学俊，毕业于黑龙江中医药大学针推系，正骨医师，拥有三十余年临床经验。先后师承正骨泰斗龙层花教授、北京空军总医院胡进江教授及《黄氏轻手法正骨》创始人黄炳荣老先生，系统学习龙氏正骨、定向正骨及轻手法正骨。2012年赴英，2014年在伯明翰创办诊所。长期研习与传承民间与非遗正骨技艺，并结合各家所长，自

创《于氏轻柔正骨松肌解筋法》，手法轻巧、不伤自体，广泛应用于内、外、妇、儿及疑难杂症治疗，尤其为畏惧针刺者提供了新选择。其技术在欧洲广受好评。本次大会演讲题目为**《肩关节疼痛（肩周炎）的诊断和手法治疗》**。

Dr. Xuejun Yu, a graduate of Heilongjiang University of Chinese Medicine in acupuncture and tuina, is a highly skilled bone-setting physician with over 30 years of clinical experience. She studied Dragon's Bone-Setting with Professor Long Cenghua, Directional Bone-Setting with Professor Hu Jinjiang of Beijing Air Force General Hospital, and Gentle Bone-Setting with Master Huang Bingrong, founder of Huang's Intangible Cultural Heritage technique. Since moving to the UK in 2012, she has run her own clinic in Birmingham from 2014. Drawing from traditional and modern methods, she developed her unique Yu's Gentle Bone-Setting and Fascia-Release Technique, noted for being safe, precise, and effective even for large-framed European patients. This technique is widely applied in musculoskeletal, internal, gynecological, pediatric, ENT, and complex conditions, offering an alternative for patients reluctant to undergo acupuncture. Her lecture topic at this conference is ***Diagnosis and Manual Therapy of Shoulder Pain (Frozen Shoulder)***.





2025 ATCM 年会暨英美中医专家论坛 The 2025 ATCM AGM & UK-US Experts Forum



聂卉 Hui Nie

聂卉，英国中医师，中医针灸学博士，英国曼城开设中医诊所，黑龙江中医药大学英国校友会会长，曾任黑龙江中医药大学针灸系副教授及附属医院针灸神经内科副主任，曾任职英国中医药学会（ATCM）学术理事三年，黑龙江中医药大学学士、硕士和博士。擅长头皮针，经典中医和动筋针疗法。已发表文章30余篇，科研获奖3项，合编著作7部。本次大会演讲题目为《讨论和介绍于氏头针——七区划分法》。

Hui Nie, PhD, is a UK-based TCM practitioner and acupuncturist who runs a private clinic in Manchester. She is President of the UK Alumni Association of Heilongjiang University of Chinese Medicine, where she previously served as Associate Professor in the Department of Acupuncture and Deputy Director of the Acupuncture Neurology Department at its affiliated hospital. She also served as Academic Executive of the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM) for three years. Dr. Nie obtained her bachelor's, master's, and doctoral degrees in acupuncture from Heilongjiang University of Chinese Medicine. Her clinical expertise includes scalp acupuncture, classical Chinese medicine, and dynamic muscle-needle therapy. She has published over 30 academic papers, received three scientific awards, and co-authored seven books. Her lecture topic at this conference is ***Discussion and Introduction of Yu's Scalp Acupuncture – The Seven-Zone Division Method.***



房才龙 Cailong Fang



房才龙，医学博士，英国中医针灸学会（ATCM）会员。1987年毕业于南京中医药大学中医系，1990年获安徽中医药大学硕士学位。曾在扬州大学医学院附属苏北人民医院从事中西医结合呼吸、消化及神经科临床七年，并兼任中医各家学说讲师。2000年获上海交通大学医学院神经药理学博士学位。2002年至2014年在英国南安普顿大学、伦敦国王学院及帝国理工学院

任博士后研究科学家，发表十余篇关于神经退行性变与哮喘的研究论文。2014年起于英国钱德勒福德中医针灸中心执业，专职针灸师与中药师。本次大会演讲题目为《外感病从伤寒温病论治的机制探讨》。

Cailong Fang, PhD, is a member of the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM). He graduated from Nanjing University of Chinese Medicine with a Bachelor's degree in 1987 and obtained a Master's degree from Anhui University of Chinese Medicine in 1990. He worked for seven years in an integrated TCM and Western Medicine ward (respiratory, gastroenterology, neurology) at Northern Jiangsu People's Hospital, affiliated with Yangzhou University, and lectured on TCM theories. In 2000, he earned a PhD in Neuropharmacology from Shanghai Jiao Tong University School of Medicine. From 2002 to 2014, he was a postdoctoral research scientist at the University of Southampton, King's College London, and Imperial College London, publishing over ten papers on neurodegeneration and asthma in journals including Neuroscience, JACI, PNAS, European Respiratory Journal, and Journal of Immunology. Since 2014, he has been a full-time acupuncturist and herbalist at Chandlers Ford Chinese Acupuncture Centre Ltd in the UK. His lecture topic at this conference is ***Exploring the Mechanisms of Treating Exogenous Diseases through the Theories of Cold Damage and Warm Disease.***



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高艳 Yan Gao



高艳，英国执照中医师。1992年毕业于首都医科大学医疗系，在医院工作多年并通过主治医师考试。2014年移居英国后，获得伦敦 The College of Chinese Medicine 颁发的 Diploma。2019年创立 Dr. Mary MGM Ltd，任公司主任与中医师。2018年12月拜程凯为师，成为程氏针灸第五代传承弟子，并持续随学。2018年11月起加入殷氏现代舌诊学派，系统研习至今。

临床专长三才针法与舌诊，擅长治疗痛症、情志疾病、月经病及不孕症。现为三才针法委员会委员、英国中医药学会（ATCM）会员、英国国际现代舌诊学会理事。本次大会演讲题目为《三才针法与经络辨证在临床中的应用》。

Yan Gao is a licensed Chinese medicine practitioner in the UK. She graduated from the Medical Department of Capital Medical University in 1992, worked in hospitals for many years, and passed the attending physician qualification. After moving to the UK in 2014, she obtained a Diploma from The College of Chinese Medicine in London. In 2019, she founded Dr. Mary MGM Ltd, serving as director and TCM practitioner. In December 2018, she became a disciple of Professor Cheng Kai and is recognized as a fifth-generation inheritor of Cheng's Acupuncture. Since November 2018, she has also studied Yin's Modern Tongue Diagnostics. She specializes in San Cai acupuncture and tongue diagnosis, with clinical expertise in pain management, emotional disorders, gynecological conditions, and infertility. She is a member of the San Cai Acupuncture Committee, the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM), and a director of the British International Modern Tongue Diagnosis Society. Her lecture topic at this conference is ***Clinical Application of San Cai Acupuncture and Meridian Syndrome Differentiation***.

黄穗云 Suiyun Huang



黄穗云，1983年毕业于广西医学院，曾任心脏科重症监护医师。1995年旅居英国后，潜心研习中医，用十年完成从西医科学思维到中医哲学体系的跨越。近三十年来一直从事临床工作，曾在大型自然疗法诊所任职，后于唐卡斯特（Doncaster）创立个人诊所。其独特背景使其尤其注重以现代科学视角阐释中医经典，致力于搭建中西医交流的桥梁，是中西医结合领域的

积极探索与实践者。本次大会演讲题目为**《通利三焦，洁髓泻浊：基于脑膜淋巴引流理论的中医外治法防治神经退行性疾病新策略》**。

Suiyun Huang graduated from Guangxi Medical University in 1983 and previously worked as an intensive care physician in cardiology. After moving to the UK in 1995, she devoted herself to the study of Traditional Chinese Medicine (TCM), spending ten years bridging the transition from Western medical science to the philosophical framework of TCM. With nearly 30 years of clinical practice, she has worked in major naturopathy clinics before establishing her own practice in Doncaster. Her unique background allows her to interpret TCM classics through a modern scientific lens, while actively building a dialogue between Chinese and Western medicine. She is a dedicated practitioner and explorer in the field of integrative medicine. Her lecture topic at this conference is ***Unblocking the Triple Burner and Clearing Turbid Essence: A New TCM External Therapy Strategy for Neurodegenerative Diseases Based on the Theory of Meningeal Lymphatic Drainage.***

