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1. Correlation Analysis of TCM Syndromes and Lung CT Images in 75 Patients with Covid-19 Pneumonia

Key words: Covid-19 pneumonia; CM syndromes; lung CT; pulmonary fibrosis;

Xu Liangzhou Wang Gang Zhou Zhu et al *Tianjin Zhongyi* online 2020-12- 26 14:30:05

Abstract:

[Objective] To analyse the correlation between CM syndromes and computed tomography (CT) images of lungs in patients with Covid-19 pneumonia so as to provide references for CM treatment.

[Method] The information of 75 patients with covid-19 pneumonia admitted to Wuhan Hospital of Chinese Medicine from December 20, 2019 to January 31, 2020 was sorted out, and the pre-set data extraction table was used to collect CM syndrome types and lung CT images, etc. The information is grouped according to the different types of CM syndromes, to evaluate the differences in CT images of different syndrome types and different stages of the disease, and to explore the correlation between CM syndrome types and CT images.

[Results] The lung lesions of patients with damp heat and severe new coronary pneumonia were mainly single or multiple lungs with single or multiple lesions, and the images showed small patches or large patches of ground glass density shadows or nodules; cold and wet Invasive, damp-toxin-closed lung CT lesions become dense, showing signs of air bronchus, ground-glass density shadows coexist with consolidation shadows or streak shadows, some patients have a small amount of pleural effusion; Yin-qi consumption type lung Diffuse lesions, "white lungs" in severe cases, and pulmonary fibrosis can be seen.

[Conclusion] The CM syndromes of patients with covid-19 pneumonia are correlated with lung CT images, which provides new ideas for the diagnosis and treatment of covid-19 pneumonia with integrated Chinese and Western medicine.

Funding: National Science and Technology Emergency Research Project (2020YFC0841600); Wuhan Municipal Science and Technology Bureau Emergency Science and Technology Research Project (2020020201010017)

2. Wang Ping treats patients with new coronary pneumonia during recovery from PeiYuanGuBen

Key words: Peiyuan Guben; Phlegm Resolving; covid-19 Pneumonia Recovery Period; Chinese Medicine Treatment; Wang Ping; Experienced Famous Doctor

Song Ziyu. Tan Aihua .Shi Heyuan et al. *Journal of Hubei University of Chinese Medicine*. 2020-05 1.

Abstract:

Patients with covid-19 pneumonia often suffer from various degrees of physical and mental injury after recovery from treatment. Professor Wang Ping believes that it is more common for patients with covid-19 rehabilitation to have deficiency of vitality and phlegm and dampness. The treatment can distinguish whether the remaining evil is clear, and the yuan will be strengthened, and the phlegm will be relieved, the spleen and stomach will be protected. Restore health and strengthen physical fitness. This article lists one or two of Professor Wang Ping's clinical experience in the treatment of covid-19 pneumonia from Peiyuan and strengthening the roots, and attaches two medical records, in order to provide a reference for the clinical treatment of patients with covid-19 pneumonia during rehabilitation.

Funding: Inheritance and Innovation of Chinese Medicine "Hundreds, Thousands, Thousands, Thousands" Talent Project (Guo Chinese Medicine Ren Jiao Han [2018] No.284)

3. Xixi Xinguan Covid-19 No.3 prescription in the Treatment of 40 Cases of Common Type covid-19 Pneumonia

Keywords: new type of coronavirus pneumonia; damp toxin stagnation syndrome; Xixi Xinguan No. 3 prescription; damp-heat disease; clinical observation;

Zhou Yijun Yu Jianhua Guo Jianchun et al. *Zhejiang Journal of Chinese Medicine*. 2020 Issue 10

Abstract:

As a designated hospital in Hangzhou, Hangzhou Xixi Hospital is responsible for the diagnosis and treatment of the covid-19 pneumonia in Hangzhou. The Chinese medicine expert group of our hospital specially formulated Xixi Xinguan No. 3 prescription for the treatment of patients with common type of

covid-19 pneumonia with damp toxin and stagnation of the lung. The effect is good. The report is as follows. Materials and methods

General data: Retrospective analysis of patients with ordinary covid-19 pneumonia who have been cured and discharged from the hospital from February 1, 2020 to February 20, 2020, selects the syndrome of CM as the syndrome of dampness toxins stagnation and receives Xixi Xinguan No. 3. A total of 40 patients were treated by the prescription. Among them, 19 were males (47.5%) and 21 were females (52.5%); aged from 19 to 68 years old, with a median age of 40 years; 20 persons who had clearly been to Wuhan

Funding: Research on the establishment of a new type of coronavirus pneumonia clinical diagnosis and treatment system and the evaluation of its efficacy in the scientific research project of the prevention and treatment of pneumonia caused by new coronavirus infection in Hangzhou (the first batch);

4. Based on "Yin Shan Zheng Yao" to Dig out Covid-19 Pneumonia Recovery Period Diet Therapy

Keywords: Covid-19 ; CM diet therapy; "Yin Shan Zheng Yao";

Wang Jiao. Yu Jia. Hu Wanfu et al *Chinese National Folk Medicine*. 2020-17

Abstract:

Objective: To explore the therapeutic prescriptions in "Yin Shan Zheng Yao" that can invigorate the spleen and lung qi, nourish qi and nourish yin, to help fight the covid-19 epidemic.

Method: Through studying the ancient Chinese medicine book "Yin Shan Zheng Yao", summarize and summarize the dietary prescriptions with invigorating the spleen, lung qi, qi and nourishing yin.

Result: Through induction and sorting, there are 34 dietary prescriptions with invigorating the spleen and lung qi, including 25 prescriptions for juzhen different delicacies, 3 prescriptions for decoction and 6 prescriptions for single product (rice and cereal). There are 13 dietary prescriptions for invigorating qi and nourishing yin, 9 prescriptions for various soups and decoctions, and 4 dietary treatments for various diseases.

Conclusion: CM diet therapy is one of the indispensable auxiliary methods of prevention and treatment. The classic diet therapy can not only prevent and treat diseases, but also improve the quality of life of patients. In response to this epidemic, the dietary prescriptions in "Yin Shan Zheng Yao" have high practical and academic value and are worthy of popularization.

Funding: Guizhou Province Science and Technology Plan Project (Qiankehe LH [2017] No. 9145); Guiyang City Science and Technology Plan Project (Zhuke He [2019] 9-2-18); Guizhou Provincial Administration of Traditional Chinese Medicine Special scientific research project for the control of new coronary pneumonia (No. QZYYXG-2020-1)

5. Analysis of the Similarities and Differences of CM Differentiation and Treatment of Covid-19 Pneumonia Based on Diagnosis and Treatment

Keywords: epidemic disease; covid-19 pneumonia; syndromes; medication; similarities and differences;

Li Mingyang Lu Xiaoyan Zhang Zeguo et al. *Asia-Pacific Traditional Medicine*. 2020-09

Abstract:

The diagnosis and treatment plan for the covid-19 pneumonia (COVID-19) released by the National Health Commission and the State Administration of Chinese Medicine in the "Covid-19 Pneumonia Diagnosis and Treatment Plan" is related to the stage, syndrome types, medication rules, etc. The content is sorted out and compared, and the characteristics and similarities and differences of each plan are obtained, which is convenient for clinicians to grasp the CM diagnosis and treatment plan as a whole, and at the same time provides reference for the revision and research of each plan.

6. Interpretation of Qingfei Paidu Decoction "Eight Experts Consensus on the Treatment of Covid-19 Pneumonia with Chinese Medicine in Hebei Province"

Keywords: Novel Coronavirus Pneumonia; Qingfei Paidu Decoction; Traditional Chinese Medicine; Damp and Turbid Stagnation of the Lung; Hebei Province; Expert consensus;

Geng Limei, Sun Qingchen, Guo Dengzhou et al. *Hebei Journal of Chinese Medicine*. 2020-03

Abstract:

"Hebei Province Chinese Medicine Experts Consensus on the Treatment of Covid-19 Pneumonia" was formulated by the Hebei Provincial Administration of Chinese Medicine to organize a provincial-level CM prevention and control expert group, focusing on the treatment of covid-19 pneumonia by Qingfei Paidu Decoction. According to the "Hebei Province Covid-19 Pneumonia Diagnosis and Treatment Plan (Trial Fourth Edition)", based on the concerns of the clinical use of Qingfei Paidu Decoction in various cities in Hebei Province, 8 expert consensus has been formed, and the prescription is recommended to the State Administration of Chinese Medicine —Qingfei Paidu Decoction has new understanding of the advantages of treatment, applicable syndromes, addition and subtraction with syndromes, and medications for special populations, which provides guidance and reference for the use of Chinese medicine in the treatment of Covid-19 pneumonia in Hebei Province.

7. Preliminary Study on CM Syndrome and Treatment of Covid-19 Pneumonia

Keywords: new coronary pneumonia; new type of coronavirus; plague; wet poison;

Chen Rui, Wang Yuguang, Luo Yaping et al. *Hebei Journal of Chinese Medicine*. 2020-02

Abstract:

Covid-19 pneumonia belongs to the category of "Plague" in Chinese medicine. Following the epidemiology of Chinese medicine, based on the phenological characteristics of Wuhan this year, we summarized the information and treatment experience of the fourth diagnosis and treatment of 52 confirmed cases collected by first-line clinicians. We believe that the cause of this disease is abnormal qi, and the population is generally susceptible. The evil that enters from the nose and mouth, the core pathogenesis is "dampness, heat, poison, blood stasis, and deficiency". The "damp toxin" characteristic of the disease invades the lungs and spleen, and then there is the positive of damp-heat febrile disease. The game and the change. CM treatment should combine disease differentiation and syndrome differentiation, and treat by stages. With the core treatment principle of Pi Hui Jiedu, on the basis of applying cohosh and angelica, it is used to dispel excretion, promote qi machine, and remove blood stasis and collaterals.

Funding: TCM Inheritance and Innovation "Hundreds and Thousands" Talent Project (Qihuang Project) 2017 TCM Outstanding Talent Project: No. State Administration of Traditional Chinese Medicine, State Administration of Traditional Chinese Medicine, Jiaofa [2017] No. 124;

8. Treating New Type Coronavirus Pneumonia Based on "Triple Burner Dialectics"

Keywords: Covid-19 pneumonia; triple-burner dialectics; dampness and phlegm removal; CM treatment

Gan Panpan, Ding Nian, Guo Mingxing et al. *World Science and Technology-Modernization of Chinese Medicine*. 2020-03

Abstract:

As a universally susceptible infectious disease of the population, the Covid-19 pneumonia has spread rapidly throughout the country since December 2019. Chinese medicine has played an important role in the prevention and treatment of Covid-19 pneumonia. Covid-19 pneumonia belongs to the "epidemic disease" of Chinese medicine. It is caused by the "epidemic" and can be treated with "three-burner

dialectics". When the evil enters the upper jiao, the evil will rise and detoxify; the second pass of the middle jiao, need to remove the evil and detoxify; the last pass the lower jiao, to resolve the evil and detoxify. To eliminate evil and eliminate filth, use triple-burner dialectics, follow the purpose of removing dampness and expectorant, and practice the method of proclaiming, smoothing, and oozing to treat the current epidemic.

Funding: Youth Project of Wuhan Municipal Health Commission (WZ19Q05): Analysis of the clinical efficacy of Qingfeizhikefang broken decoction pieces in the treatment of bronchiectasis complicated infections, person in charge: Gan Panpan;

9. Exploration of Psychological Adjustment Methods during the Epidemic Period of Covid-19 Pneumonia Based on CM Emotional Therapy

Keywords: Covid-19 Infected Pneumonia ; CM Emotional Therapy; Psychological Stress; Physical and Mental Health; Psychological Adjustment;

Fu Xiaoyu Zhang Xinxue Zhao Zongjiang. *Chinese Journal of Experimental Formulas*. 2020.13

Abstract:

The outbreak of the Covid-19 pneumonia not only endangers the life and health of the public, but also poses many threats to the public's mental health. Under the tense atmosphere, the public often has psychological stress and adverse emotional reactions, and even do Extreme behavior seriously affects mental and physical health. CM Emotional Therapy is based on CM mentality theory, adheres to the holistic view of "the unity of mind and body", uses safe and effective emotional conditioning methods to regulate emotions, eliminate bad emotions, maintain mental health, enhance body immunity, and achieve treatment or prevention of body and mind The effect of disease has different applications in many medical fields, such as post-traumatic stress disorder, generalized anxiety disorder, cancer and hospice care, and has received good clinical effects. By analysing the theoretical origin, research status and application scope of CM emotional therapy, combined with the current public psychological state of the covid-19 pneumonia epidemic, we propose the CM emotional therapy such as calming mind and calming method, empathy method, and suggestion induction The method, the method of obedience to the desire, the method of music to the heart, the method of Chinese medicine to relax the spirit, the method of ear sticking, etc., are comprehensively used in the psychological adjustment of the public during the epidemic, aiming to help the public by providing reasonable and effective guidance on emotional adjustment Correctly understand the various bad emotions that occur during the epidemic, enhance the ability to cope with and regulate psychological problems, maintain a good attitude, and pass the epidemic period smoothly, and at the same time, in order to better utilize the advantages of

CM emotional therapy, advocate the wide application of CM emotional therapy For similar public health incidents and psychological care in the daily life of the public, it is possible to prevent diseases before they occur, and to prevent them from changing, and effectively protect the physical and mental health of the people.

Funding: National Key Research and Development Program (2018YFC1704300-2018YFC1704304);

10. Suggestions on integration of Chinese and Western medicine on some hot issues of Covid-19 Pneumonia

Keywords: Novel Coronavirus Pneumonia; Novel Coronavirus; Integrated Traditional Chinese and Western Medicine Treatment; Shanghai; Suggestions;

Respiratory Diseases Committee of Shanghai Association of Chinese Integrative Medicine; Respiratory Disease Professional Committee of Shanghai Society of Integrative Medicine. *Shanghai Journal of Chinese Medicine*. 2020-04

Abstract:

Since December 2019, many cases of pneumonia patients infected by the Covid-19 (SARS-CoV-2) have been discovered in Wuhan City, Hubei Province, my country. With the spread of the epidemic, other areas of my country and overseas have also been discovered one after another. Such cases. Most of the reported cases have a history of residence or travel in Wuhan, and cases without travel history in Wuhan have been found in some areas. Our country has now included the disease into the Class B infectious diseases stipulated in the "Law of the People's Republic of China on the Prevention and Control of Infectious Diseases", and has adopted prevention and control measures for Class A infectious diseases. On February 19, 2020, the National Health Commission and the State Administration of Chinese Medicine formulated and issued the "Covid-19 Pneumonia Diagnosis and Treatment Plan (Trial Version 6)"

Keywords: Covid-19 Pneumonia; Covid-19 virus; Integrated Chinese and Western Medicine Treatment; Shanghai; Suggestions;

Funding: Shanghai Key Clinical Specialty Construction Project (shslczdzk05101); Shanghai Key Laboratory of Internal Medicine of Chinese Medicine (14DZ2273200); Shanghai University of Chinese Medicine Prevention and Treatment of Covid-19 virus (2019-nCov) Emergency Scientific Research Project (2020YJ01);

During the COVID-19 period, all members of ATCM please pay an attention to your safety ; and please protect yourselves, your families and your patients!



